

SHEL J. MILLER, Ph.D.
Executive and Family Coach

Shel Miller inspires excellence and character development in others. His consultations have enhanced social capital, productivity, customer satisfaction, and bottom line profits in traditional corporate structures, high growth biotechnology companies, family businesses and individual sales professionals. Since his father was a family business owner, Shel understands first hand the personal experience of both the highly successful entrepreneur and business partner. As a child, he experienced the excitement, the loyalty binds, and the dynamics associated with integrating work and family life. As an adult, he witnesses his father-in-law's family business with its joys and tensions: LS Good & Company, a seven states, third generation retailer. So Shel naturally provides confidential consultation that is respectful of the business owner.

Academics

Shel graduated from Brown University with Honors and election to Phi Beta Kappa in 1969. He then earned a full fellowship and Ph.D. in Clinical Psychology at the University of North Carolina at Chapel Hill. In September of 1972 he accepted the offers of a Child Psychology, APA approved Pre-Doctoral Internship at Judge Baker Guidance Center, and then a Post-Doctoral joint Internship the following year at Children's Hospital Medical Center and Judge Baker. His Dissertation, completed and defended in September 1973, is a study of dramatic artists' creative process and personality. Shel co-authored (with Norman Paul) "Death and Dying and the Multigenerational Impact," in M. Karpel (Ed.) Mobilizing Family Resources, (N.Y.: Guilford, 1986).

Real Work

After working in sales and management in the summers of 1969 and 1970, he developed his first solo business: for children, couples and families in 1973. In 1976, Shel began to work at Harvard Pilgrim Health Care (HPHC). During his twenty-one years at HPHC, a regional 14-site 550 million-dollar health care delivery system, Dr. Miller was the Kenmore Child Coordinator. He designed and led his own family therapy seminar, supervised health care trainees of all disciplines and received the Diamond Award with his Kenmore staff teammates. He was trained in the HPHC Behavioral Medicine Program as a program leader and coach. Dr. Miller delivered the Personal Health Improvement Program, and was approved by Family's First of Atlanta to teach the parent seminar called "Children Cope with Divorce." Shel also co-led a Humanistic Health Care Project and created a workshop for mentors to young trainees in that workplace.

Creativity

Since 1982, Dr. Miller has had a reputation for creatively using video technology, including a special effects generator, to coach clients re: their presentation of self, past and present, via closed circuit TV. With such audio visual aids, he has achieved accelerated and lasting results for many leaders and family members. Shel has given numerous workshops on family systems, brief cost-effective consultation and entrepreneurial empowerment. He has increased staff satisfaction in for profit enterprises as well as for Day Care Directors and Brookline School Special Education Personnel.

Current Endeavors

Include training teams to work in the Collaborative Law process and coaching divorcing executives on all the issues involved in divorce. Dr. Miller builds or restores successful working relationships among partners at work or at home and helps his clients with life strategies to integrate work and family life.

Fun

- Solving people puzzles for business owners, attorneys, accountants, physicians, and HR and Training directors.
- The Boston CEO Club, the American Family Therapy Academy, and the American Psychological Association.
- Serving as Vice-President on the Leadership Team of the International Coach Federation - New England Chapter and of his Toastmaster's Club.
- The founding of EXECUTIVE PERSPECTIVE in Brookline, where he lives with his wife and two children.
- Enjoying competition on the tennis and basketball courts and the coaching of youth basketball teams.

With an oft-praised sense of humor, he is committed to assisting others to enjoy a positive journey to sustained success through personal development. The secret of his success is his commitment to excellence and curiosity.

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